

ESSQUE

ZALU ZANZIBAR



Essensia Wellness SPA

Immerse yourself in the true meaning of relaxation and rejuvenation with us.
We use natural plant products rooted in the richness of Africa soil like Baobab and Neem tree capturing the essence of wellness from Africa's abundant earth.



RELAXATION AND WELLNESS

ESSQUE ZALU ZANZIBAR

Signature & Ayurvedic Treatments



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Signature & Ayurvedic Treatments

Signature treatments are the perfect way to pamper yourself during your Holiday. Healthy products with natural active ingredients are used to Re-balance, refresh and relax your body & mind

WARM HERBAL OIL MASSAGE

60/90 MIN

An executive holistic massage with African warm herbal oils to stimulate blood circulation and strengthen the immune system

Tsh.198.000/Tsh.264.000 | \$75/\$100

HOT STONE MASSAGE

90 MIN

Sooth away tension and pain using warm stones and ritual blended oils

Tsh.316.800 | \$120

BODY WRAPPING

30 MIN

Coated with herbal or mineral preparation, medical purposes such as skin tightening, detoxification and weight loss.

Tsh.158.400 | \$60

BODY SCRUBB

30 MIN

Removes dead skin cells, increases blood circulation and cleanses skin through exfoliation you experience

Tsh.158.400 | \$60



MASSAGE

Massage techniques for full body, scalp, back, shoulder and foot massage that make you experience the true meaning of relaxation & rejuvenation

BACK RELIEF MASSAGE

30 MIN

Relieves tension, soothes tired muscles, and invigorates the mind and body

Tsh.118.800 | \$45

AROMA LYMPHATIC MASSAGE

60/90 MIN

Help muscles into deep relaxation, healing the body of day to day tension. It also relieves water retention and stimulates the lymphatic system

Tsh.198.000/Tsh.264.000 | \$75/\$100

ZEN-CHI MASSAGE

60/90 MIN

Experience a unique blend of African and Asian massage techniques to soothe sore muscles, complete relaxation and freshness

Tsh.224.400/Tsh.277.200 | \$85/\$105

FOOT REFLEXOLOGY MASSAGE

30/60 MIN

An old age technique concentrating on reflex points on the feet to relax and balance the full body

Tsh.105.600/Tsh.158.400 | \$40/\$60



Facials

Rejuvenate your skin with relaxing facial. The healing hands of our dedicated therapists will support you to achieve your skin care goals with organic elements, high performance treatments and professional advice

DEEP HYDRATION

60 MIN

A unique blend for dry or mature skin leaving your skin skimming with luminosity and suppleness. This facial imparts

Tsh.198.000 | \$75

PURIFYING

60 MIN

An extra mild formula that refines the pores and removes impurities from the skin

Tsh.198.000 | \$75

WELL BEING

60 MIN

An exotic blend to help balance the skin's pH while firming and toning, activating skin collagen and repairing damaged

Tsh.198.000 | \$75



Depilation Treatments Waxing

The process of hair removal from the root by using a covering of a sticky substance, such as wax, to adhere to body hair, and then removing this covering and pulling out the hair from the follicle.

UPS LIPS OR EYEBROWS	Tsh.92.400 \$35
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BIKINI LINE	Tsh.132.000 \$50
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HALF LEG OR HAND	Tsh.92.400 \$35
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BRAZILIAN	Tsh.171.600 \$65
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FULL LEG OR HAND	Tsh.132.000 \$50
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CHEST OR BACK	Tsh.132.000 \$50
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UNDERARM	Tsh.79.200 \$30
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CHIN	Tsh.52.800 \$20
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Aloe Vera Sunburn (Treatment after Sun)

Compounds in aloe Vera leaf which are Anthraquinones, Bradykinesia, Salicylic Acid that inhibit Cyclooxygenase pathway providing antiseptic anti-inflammatory effects reduce pain, redness effectively.

HALF LEG OR HAND	Tsh.118.800 \$45
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FULL LEG OR HAND	Tsh.145.200 \$55
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FACE	Tsh.105.600 \$40
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NECK & SHOULDER	Tsh.118.800 \$45
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CHEST OR BACK	Tsh.132.000 \$50
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FULL BODY	Tsh.343.200 \$130
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Additional Beauty Treatments

*Our Spa manicures and pedicures can add the final touch
to your ESSENSIA SPA experience*

MANICURE Tsh.132.000 | \$50

NAIL GEL POLISHING Tsh.39.600 | \$15

PEDICURE Tsh.145.200 | \$55

NAIL POLISHING Tsh.26.400 | \$10

FRENCH POLISH Tsh.26.400 | \$10

GEL REMOVER Tsh.13.200 | \$5

NOTE: Any additional nail art will incur an extra charge of \$15





BACK RELIEF MASSAGE

30 MIN

Relieves tension, soothes tired muscles, and invigorates the mind and body

Tsh.132.000 | \$50

FOOT REFLEXOLOGY MASSAGE

30 / 60 MIN

An old age technique concentrating on reflex points on the feet to relax and balance the full body

Tsh.132.000/Tsh.184.800 | \$50/\$70

INDIAN HEAD MASSAGE

30 MIN

This form of therapy, effectively provides instant muscular pain relief and releases blocked energy zones

Tsh.132.000 | \$50

AROMA LYMPHATIC MASSAGE

60 / 90 MIN

Help muscles into deep relaxation, healing the body of day to day tension. It also relieves water retention and stimulates the lymphatic system

Tsh.264.000 / Tsh.316.800 | \$100/\$120

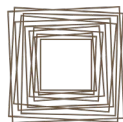
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Tsh.264.000/Tsh.316.800 | \$100/\$120





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