



ZALU SPA

WELLNESS RETREAT

WELCOME TO THE ZALU SPA

A natural holistic sanctuary surrounded by the beauty of Zanzibar.

Inspired by African culture, Zalu Spa will transport you in one of the most fascinating environments of health and well-being.

With our range of products from the nature and full selection of Healing Earth treatments, you will experience a soulful journey that revitalizes the body and skin consciously.

Our ethos is to introduce you to authentic African spa rituals without neglecting valuable healing and holistic traditions from around the world.

Indulge in one of our exclusive rituals like "*Jozani Rain Forest*", African potato body wrap or spoil yourself with our unique "*Maasai Rituals*".





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THE MAASAI RITUAL

Ceremonies and rituals among the Maasai are a very essential part of their culture and lifestyle.

With our Maasai Ritual, our aim is to take you on a renewal journey deeply immersed in the traditions, sights and sounds of the Maasai culture in Zanzibar.



MAASAI

FOOT RITUAL

Using a Moringa leaves, cinnamon powder, ylang ylang and raw sugar Polish followed by a light foot massage with healing and repairing African Potato Balm. The welcome of the Maasai ritual, this treatment leaves your skin smooth and helps to immediately release tension by working on reflexology points.

SINGO SCRUB & AROMATHERAPY

Traditionally administered to a young woman before her wedding day, the Singo Body Scrub makes use of our Moringa leaves, cinnamon powder, ylang ylang and raw sugar followed by an aromatherapy massage using a delicate combination of essential oils from the Healing Earth Pinotage: Relax and De-Stress Oil.

AFRICAN FACIAL

This facial de-stresses, re-balances and hydrates your face with natural botanical oils, leaving you glowing and rejuvenated.



120 min

\$400



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HEALING EARTH SIGNATURE RITUALS



Inspired by Nature
Perfected by Science



HEALING EARTH

HEALING EARTH SIGNATURE RITUALS

COUPLES CONNECTION

Experience a sensuous journey of celebration and connection through this luxurious ritual. The essence of Marula and Neroli calms and soothes the mind promoting a deep sense of relaxation. This ritual softens and hydrates the skin with a choice from our body polish's for your full body exfoliation followed by a full body massage. The ritual concludes with a cooling crystal face massage.

COOL & RESTORE

The ultimate island recovery ritual, this treatment harnesses the healing powers of pure aloe vera to restore sun-damaged skin. The experience will begin with a refreshing body wrap, which unfolds into a regenerative Pinotage bespoke facial ritual.

MIRACLE REPAIR RITUAL

World renowned for its skin healing properties, African potato has been used for centuries to replenish and repair sensitised skin. Wrapped in a healing cocoon, your skin is deeply nourished with a Pinotage anti-oxidant rich facial, customised to your individual skin care concerns. A full body massage completes this ultimate skin healing ritual.

ULTIMATE FACIAL RITUAL

A powerful relaxing and uplifting treatment, tailored to your current skin condition, to reveal your inner radiance. Beginning with a de stress back massage and followed by an anti-ageing facial delivering proven results for skin lacking elasticity and hydration. The facial is enhanced with the use of plasma technology which is a safe therapy with no down time.

	100 min
	\$200
	90 min
	\$120
	120 min
	\$180
	100 min
	\$150

AFRICAN QUEEN PINOTAGE FACIAL CEREMONY

This bespoke treatment is tailor-made to your unique needs to rebalance or hydrate using natural botanical oils. A beautiful and natural way to celebrate the queen within. A special mask and facial massage are included, as well as application of our high-tech Plabeau device for deep absorption.

HIGH PERFORMANCE ANTI-AGEING CEREMONY

A revolutionary facial care treatment using the latest in tri-enzyme peptide anti-ageing technology. The skin is firmed and rejuvenated using a unique formulation that deeply penetrates the skin without affecting its barrier function, visibly improving the signs of ageing.



60 min

\$90



90 min

\$120



HEALING EARTH

ESSQUE ZALU MASSAGE RITUAL

An ancient healing therapy using steamed body balms and molded on the body to provide the muscles with comfort and release. This ritual encompasses all you need from a deeply grounded African foot ritual, full body massage and an African head massage.

WINE CRUSH FULL BODY MASSAGE

Choose from our range of therapy oils and balms. Focusing on relieving stress and muscle tension, this antioxidant-rich therapy will help boost circulation and the immune system. The active blend of natural botanicals and Pinotage grape seed will also help you to de-stress and unwind.

AFRICAN POTATO RITUAL

A restoring massage performed with Healing Earth's award-winning African Potato Balm. Great for healing any kind of damaged or sensitised skin, from wound healing to eczema, psoriasis, chapped skin, allergies and more. Enjoy this pamper with the ultimate SOS balm for healing and reparation.



90 min

\$110



60 min

\$85



60 min

\$100



CLASSIC BACK, NECK & SHOULDER MASSAGE

Explore the ancient healing therapy of skilful touch to the back, neck and shoulders enhanced with the heat of traditional spiced poultices to relieve and reduce muscle stiffness. This treatment focuses on stress relief, working on muscle tension and restoring the body to its normal relaxed state.

DEEP TISSUE MASSAGE

A massage that concentrates on tens, knotted and painful reassuring a various muscle release techniques therapist will work within your pressure and pain threshold to release and relax chronic tension.

CHAKRA BALANCING (shaman's Healing journey)

A gentle, kind massage perfumed with warm gemstone which help release pinup energy likely to cause muscular stress. The shaman's journey looks into chakra energy centers and removes all negatives energy blocks caused by stress. The therapist will use of our seven chakra oils based on your preference choice.



45 min

\$60



60 min

90 min

\$90

\$120



60 min

90 min

\$90

\$120



HEALING EARTH

INTONGA AMASATCHI

Wooden massage sticks are used during your treatments, to release tension in stiff muscles. Wood symbolically in ancient traditions, represents the wisdom of the earth and the guidance of the healer

This is a deeply stress relieving treatment and in our 90 minute rendition, intonga amasatchi incorporates a facial massage to encourage circulation and further improve skin hydration.

LEG RELIEF

A full leg and foot massage to relieve tired, achy lower body muscles with our award-winning antioxidant-rich and deeply detoxifying peppermint, rosemary and eucalyptus infused foot ritual products.



60 min	90 min
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\$90	\$120
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30 min

\$55

BODY POLISH

Our body polishes are specifically designed to gently remove dead skin revealing smooth, soft and nourished skin. Our polishes are made from finely ground walnuts in a base of pure African shea butter mixed with organic coconut oil and precious indigenous essential oil from the continent.

CHOOSE FROM:

Pinotage – Perfect before tanning

Coffee Cinnamon & Orange – Slimming, firming, radiance

Mongongo Nut – Detox

BODY MASKS (WRAPS)

Our targeted body masks are designed to treat specific guest concerns creating both immediate and lasting results.

CHOOSE FROM:

Grape Anti-Oxidant Clay Mask – Deep cleansing, purifying and brightening

Kalahari Melon – Super Hydrate

Mongongo Nut – Detox

African Potato – Healing, anti-ageing miracle balm

Aloe Vera – Soothing, calming, after sun repair, skin reviver



60 min

\$90



90 min

\$100



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JUNIOR PAMPERING

Using natural, organic ingredients to pamper and protect the little ones.





JUNIOR PAMPERING

JUNIOR PAMPERING

AFTER SUN COCOON

LITTLE MERMAID FACIAL

LITTLE MERMAID MANICURE

HAPPY FEET PEDICURE



20 min

30 min

\$25

\$30



30 min

\$30



30 min

\$30



30 min

\$20



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BODY ADORATION

*Immerse yourself in a deep sense of
wellbeing and relaxation.*



JOZANI FOREST - VICHY SHOWER

A beautiful experience in which the energetic essence of plants is captured in order to work in harmony with the body's own energy field. Using the benefit of hydrotherapy to stimulate and deep cleanse the body while relaxing the muscles under controlled water temperature and pressure. The ritual purifies the body and repairs the skin.

ADD-ONS:

Sauna

Steam room

Jacuzzi



60 min

\$100



ZALU SPA

WELLNESS RETREAT

POOLSIDE WELLNESS

We bring the spa to you!

The poolside therapies have been specially designed with the healing and soothing effects of the fresh Indian Ocean breeze in mind.



AFRICAN POTATO RITUAL

A restoring massage performed with Healing Earth’s award-winning African potato balm. Great for healing any kind of damaged or sensitive skin from wound healing to eczema to psoriasis, chipped skin allergies and more. Enjoy this pamper with the ultimate SOS balm for healing reparation.

SWEDISH MASSAGE

Gentle to firm pressure with gliding strokes, kneading and friction techniques calculation, easy muscular tension and promote relation.

DEEP TISSUE MASSAGE

Experience a massage that concentrates on tense, noted and painful areas using a variety of muscle release techniques. The therapist will work within your pressure and pain threshold to realise and relax chronic tension.



60 min 90 min

\$120 \$150



60 min 90 min

\$120 \$150



60 min 90 min

\$120 \$150



BALINESS HEALING MASSAGE

Ideal for those who enjoy deeply relaxing massage, this treatment combines range of Asian techniques including acupuncture, stretching, muscle rolling and capping.

INTONGA A MASATCHI

Wooden massage sticks I used to release tension and stiff muscles. Wood represents the wisdom of the earth and the guidance of the healer.

INDIAN HEAD MASSAGE

This form of therapy, effectively provides instant muscular pain relief, releases blocked energy zones and relieves stress tension of body and mind.



60 min 90 min

\$120 \$150



60 min 90 min

\$120 \$150



60 min 90 min

\$120 \$150



ENERGISING BACK MASSAGE

Soothing massage done with warm aromatherapy infused oil combined with herbal bags to improve circulation and absorption of oils, this therapy works on tight muscles and lymph drainage, combating tension in stiff aching body.

FOOT MASSAGE

Using a fresh coconut and sand scrub, followed by a light foot massage with fresh lime, coconut and lime essential oil, this treatment helps to immediatly release tension by working on reflexology points as well as reduce muscle pains.



30 min

\$60



30 min

\$60





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WELLNESS RETREAT

HANDS & FEET

Pamper your hardworking hands and treat your feet.



HANDS & FEET

HANDS & FEET

CLASSIC MANICURE

Pamper your hardworking hands with this classic and comprehensive treatment.

DETOX PEDICURE

Treat your feet to a full-service pamper with our famous peppermint detox gel.

EXPRESS MANI PEDI

A quick hands & feet touch-up for those on the go.

ADD ON:

- FRENCH PAINT
- COLOUR PAINT
- GEL



✓	60 min
	\$60
✓	60 min
	\$60
✓	60 min
	\$50
	\$30
	\$25
	\$40



HANDS & FEET

HANDS & FEET

AFRICAN FOOT RITUAL - INCLUDED IN ALL TREATMENTS

As per traditional African culture, each Healing Earth treatment includes a nurturing foot ritual. It is believed that this serves as an energetic cleansing, leaving behind old energy and creating space to step into the new.

SKIN SOOTHING WAXING

UNDER ARMS

ARMS

BACK

BIKINI LINE

FULL BIKINI

CHEST

EYEBROWS

FULL LEGS

HALF LEGS

LIPS



	60 min	90 min
	\$90	\$110
	\$30	
	\$40	
	\$40	
	\$45	
	\$50	
	\$40	
	\$20	
	\$20	
	\$35	
	\$20	